

# My Place Adolescent Community Integration Group

**My Place** is an after school community integration program designed for adolescent clients' ages 13 through 18 years experiencing issues in adolescent developmental areas such as increased independence in community access and social integration. The purpose of **My Place** is to provide life skills and social skills training to adolescent clients and their families in support of their transition to adulthood.



## My Place Program topics may include:

**My Place is:**  
2 hours of fun activities aimed at promoting community integration skills, including...

- Social interaction
- Community mobility, safety and accessibility
- Personal care/hygiene
- Self esteem
- Exploring leisure activities and personal interests
- Community participation

- Understanding interests
- Exploring and accessing appropriate leisure activities
- Parent/caregiver information and discussion
- Safety awareness in the community
- Promoting a healthy lifestyle
- Accessing community locations
- Developing adolescent social skills
- Volunteerism



## My Place benefits children who:

- are able to communicate their needs and wants
- demonstrate an interest or desire to interact, participate, and communicate with peers
- are limited in their independence in community and leisure activities
- are able to participate independently in small groups
- enjoy participating in community activities

For more information or an intake form, please fill out the following information and mail to:

**My Place**  
**Pediatric Therapy Network**  
1815 W. 213th St. Suite 100  
Torrance, CA 90501

Phone: 310.328.0276 x348  
Fax: 310.328.7058  
E-mail: [buddyclub@ptnmail.org](mailto:buddyclub@ptnmail.org)

Parent Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Phone \_\_\_\_\_

Email address \_\_\_\_\_

Child's name \_\_\_\_\_

Child's age/gender \_\_\_\_\_

