



Pediatric Therapy Network

Developmental Checklist for Infants and Toddlers (0 to 2 years of age)

If your child has difficulty with three or more criteria listed below, it is recommended that you contact Joan Surfus, OTD, OTR/L, SWC at 310.328.0276 x524 to discuss the need for further assessment.

By 3 Months

- ◇ Lifting and turning head from side to side while on tummy?
- ◇ Holding legs in a frog legged position while on back?
- ◇ Maintaining a sitting position with rounded back for 3 seconds while hands and wrist are supported?
- ◇ Turning from side to back when placed on side?
- ◇ Bearing weight on feet while holding child in a standing position facing you?
- ◇ Grasping your finger?
- ◇ Following a rattle moved from side to side with eyes while lying on back?
- ◇ Overly startle to unexpected sounds?
- ◇ Recognizing your voice?
- ◇ Making pleasure sounds (cooing)?
- ◇ Crying differently for different needs?
- ◇ Maintain head in midline while on tummy or back?
- ◇ Bringing hands to knees?

By 9 Months

- ◇ Moving forward three feet while on tummy and using arms?
- ◇ Pulling self to standing?
- ◇ Scooting forward on bottom?
- ◇ Coming up onto all fours?
- ◇ Moving rattle back and forth?
- ◇ Bringing hands together while sitting to hold a cube for 15 seconds?
- ◇ Transferring a cube from one hand to the other while sitting?
- ◇ Enjoying games like peek-a-boo and pat-a-cake?
- ◇ Turning and looking in the direction of sounds?
- ◇ Babbling with long and short groups of sounds such as "tataupubbibibi"?
- ◇ Using speech or non-crying sounds to get and keep attention?

By 12 Months

- ◇ Rising to a sitting position from lying on stomach?
- ◇ Crawling?
- ◇ Cruising along furniture?
- ◇ Lowering self onto floor?
- ◇ Maintaining standing balance for at least 3 seconds?
- ◇ Standing up from sitting?
- ◇ Grasping two small items at once?
- ◇ Removing pegs from a pegboard?
- ◇ Clapping hands?
- ◇ Holding a string to pull a toy?
- ◇ Listening when spoken to?
- ◇ Recognizing words for common items like "cup", "shoe", and "juice"?
- ◇ Imitating different speech sounds?
- ◇ Using one or two words like "bye bye", "dada" or "mama"?

By 12-18 Months

- ◇ Taking four alternating steps forward without support?
- ◇ Picking up toy from standing and return to standing?
- ◇ Creeping up stairs on hands and knees?
- ◇ Creeping backwards down stairs without support?
- ◇ Corralling a ball with arms and hands while sitting with legs spread apart?
- ◇ Rolling a ball three feet forward using arms and hands?
- ◇ Grasp a cube with thumb and index fingertips?
- ◇ Releasing a cube into your hand?
- ◇ Removing socks?
- ◇ Placing three to four cubes in a cup?
- ◇ Opening a book?
- ◇ Stirring a spoon in a cup?
- ◇ Placing a shape in the correct hole?
- ◇ Pointing to a few body parts when asked?
- ◇ Following simple commands?
- ◇ Saying more words every month?
- ◇ Putting two words together, i.e.: "more cookie"?

By 18-24 Months

- ◇ Maintain balance in a kneeling position for five seconds?
- ◇ Walk backwards five feet?
- ◇ Walk downstairs with support from only one finger?
- ◇ Run forward ten feet?
- ◇ Grasp two cubes in one hand and hold for three seconds?
- ◇ Kicking a ball?
- ◇ Making a scribble?
- ◇ Stacking two to three cubes?
- ◇ Placing two shapes in the correct hole?
- ◇ Listening to simple stories, songs and rhymes
- ◇ Points to pictures in a book when named?
- ◇ Using many different consonant sounds at the beginning of words?
- ◇ Using some one to two word questions, i.e.: "where's kitty?"

Sensory Processing from 0-24 Months

- ◇ Dislikes being cuddled or hugged?
- ◇ Shows distress when bathed?
- ◇ Shows discomfort getting hands messy?
- ◇ Gags or becomes distressed at the thought or smell of certain foods?
- ◇ Tends to be a picky eater?
- ◇ Coordinating chewing and swallowing?
- ◇ Chews or licks non-food items excessively?
- ◇ Overstuffs food into mouth?
- ◇ Appears uncomfortable when swinging?
- ◇ Gets car sick?
- ◇ Appears distressed when rocking?
- ◇ Needs to be driven in car to calm down?
- ◇ Cries excessively?
- ◇ Trouble sleeping?
- ◇ Appears overactive?